

31-DAY CONSECRATION FAST DEVOTIONAL

written by Pastor Wandra P. Williams

January 23, 2021 "Communion"

Read [John 6:53-58](#), [1 Corinthians 11:26](#), [Isaiah 53:5](#), [Hebrews 10:22](#)

Communion is defined as "the sharing or exchanging of intimate thoughts and feelings, especially when the exchange is on a mental or spiritual level." It also means "the service of Christian worship at which bread and wine are consecrated and shared." How beautiful it is to know that you can share your heart with God any time you choose. He is always there, ready and waiting for you to share your most intimate thoughts and feelings. You can share those things that can only be "safely" uttered to Him. It is the sacrifice of Jesus Christ your Lord and Savior that makes this intimate exchange possible. The next time you partake in Holy Communion remember the blood that was shed and his body that was broken just for you. It is because of this selfless act of love that you can commune with Him. Today, when you pray, take the time to make an exchange with God, share your intimate thoughts and feelings with Him, and allow Him the opportunity to respond. Thank Him for the sacrifice of His Son. Communion with Him today.



DAY 23