

31-DAY CONSECRATION FAST DEVOTIONAL

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January 5, 2021 “Fear and Anxiety”

**Read: [Isaiah 41:10](#), [Psalm 34:4](#),
[2 Timothy 1:7](#), [Philippians 4:6-7](#)**

What are you afraid of? What are you anxious about? Fear and anxiety can overwhelm you to the point that you will forget to enjoy the moment. Do not allow your mind to be consumed with fear and anxiety. Doing so, only robs you of the beautiful gift of peace and joy given by Father God. In what ways have the spirit of fear and anxiety held you captive? Today is your day to be free from it. Today, when you pray, ask God to replace your fear with faith and your anxiety with peace. Cast your cares on Him because He cares for you.



DAY 5