

At Home Guide for Holy Communion

The purpose of this guide is to assist you as you partake of Holy Communion in your home. Take this time to gather your elements. Use the elements you have in your home. Remember it's not about the elements themselves but what those elements represent.

What is Communion?

Communion is the sharing or exchanging of intimate thoughts and feelings, especially when the exchange is on a mental or spiritual level; it is the service of Christian worship at which bread and wine are consecrated and shared.

The Greek Word for Communion is Koinonia. Koinonia means participation and fellowship. It is contributory help, spiritual fellowship, a fellowship in the Spirit.

The Hebrew Word for Communion is Devakut. Devakut means "cleaving", to cling or stick. Cleaving, clinging or sticking to the Lord as noted in proverbs 18:24 - "a friend who sticks closer than a brother"

It is fellowship between Christ and His people; believers with one another. Again, the Greek word and definition for Communion "Koinonia" which means participation and fellowship. Participation is defined as the act of taking part in something; it is our involvement, part, contribution, or association. Fellowship is a friendly association, especially with those who share a common interest. We can participate in something all day long. We can be present and active but not interested.

Communion is not about ritual, but we partake because we want to be present, active, and because as Christians we are interested in remembering what Jesus the Christ did for us.

The Setting

Read Luke 22:7-16

Read 1 Corinthians 11:24-30

Prayer of Consecration

"Father, we come to partake in communion today. We ask for forgiveness of our sins and that you would search our hearts. Father we ask that you create within us a new heart and renew within us a right spirit. We desire to eat and drink of your body and blood without condemnation. Father we ask you to consecrate these elements. Transform these elements from their natural state into a spiritual state of Jesus body and blood. We pray this in the name of your Son, Jesus the Christ, Amen."

Partake in Communion

The Bread - The Body of our Lord and Savior Jesus Christ

The Blood - The Blood of our Lord and Savior Jesus Christ

Read John 13:2-9; 12-17

End your communion with a hymn.