

# 31-DAY CONSECRATION FAST DEVOTIONAL

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January 11, 2021 "Joy"

Read [Proverbs 17:22](#), [Romans 15:13](#), [Philippians 4:4](#), [James 1:2](#)

Joy is good medicine. It is a fruit of the Spirit meant to reside in your heart. The Greek word for joy is "Chara". It is a Greek noun which describes a feeling of inner gladness, delight, or rejoicing. Joy in essence is a feeling of inner gladness or inner delight based upon spiritual realities, not natural realities. You will experience joy when you focus on the spiritual reality of your life. Your spiritual reality doesn't depend on what happens in your natural reality, but it depends on what has already been done in the Spirit realm. Your Spiritual reality is based on what the Lord has already said before you were even formed in your mother's womb. Instead of trying to find joy within your natural state, choose to embrace the joy already given to you by the Spirit of God. Your joy cannot be found in things or people, true Joy can only be found in God. Will you choose Jesus joy, or will you choose to allow your joy to be stolen? Today, when you pray, thank God for the fruit of Joy. Ask the Lord to help you walk in His Joy today. God is able. Choose joy.



DAY 11